



MORE than a crisis line.

HOPE begins here.

The **CRISIS LINE** is available **24/7/365**

*Trained, caring professionals • Free and confidential
Bilingual crisis specialists available*

800.631.1314

- SUICIDAL THOUGHTS
- ADDICTION/SUBSTANCE ABUSE
- DEPRESSION
- ANXIETY
- PANIC ATTACKS
- GRIEF
- STRESS AT WORK
- FAMILY PROBLEMS
- BULLYING
- PHYSICAL AND VERBAL ABUSE

MARICOPA COUNTY CRISIS LINE: 602.222.9444

TTY/TDD: 800.327.9254 WARM LINE (Peer-to-peer): 602.347.1100



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