

Crisis Response Network launches hotline and services for anybody having difficulty dealing with tragedy at Independence High School in Glendale.

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A [double shooting at Independence High School](#) in Glendale has affected many people related to the school.

According to police, two females teens were shot and killed.

The school asked parents to wait at the Walmart near 75th and Glendale avenues. A Mercy Maricopa crisis mobile team was on-scene, and the Crisis Response Network is still available at 1-800-203-2273 (CARES).

WATCH: [Mother describes an emotional morning before being reunited with her son](#)

In a [USA Today article](#), experts said school violence often bring school safety discussions forward and understanding how to communicate with your child about these issues can be crucial.

[According to Mental Health America](#), the nation's leading community-based nonprofit dedicated to addressing the needs of those living with mental illness and more, suggests ways to communicate with your child.

VIDEO: [Glendale police describe what first responders discovered at Independence High School](#)

A couple of suggestions:

1. Encourage your child to talk about their concerns and feelings.
2. Validate your child's feelings and don't minimize their concerns.
3. Talk honestly in regards to the risks of violence.
4. Make sure you discuss safety procedures with your child while in school, public areas or in your neighborhood.
5. Empower your child and encourage them to take action and to report any incident such as, bullying, threats or talk of suicide.

Below are suggested hotlines in Arizona for students or those in need of help:

1. Maricopa County

-[Teen Lifeline](#): (602)248-8337

-Arizona State University Hotline: (480) 921-1006

-Mercy Maricopa Integrated Care: (602) 222-9444

2. Phoenix Area

-Arizona Teen Crisis Solutions: (623) 879-9600

-Alternative Behavioral Services: (602) 222-9444

3. 24-Hour Crisis Hotlines-National: (800) 273-8255

4. Yavapai County

-Health Integrated Care: (877) 756-4090

5. Gila River and Ak-Chin Communities

-EMPACT: (800) 259-3449

6. Yuma County

-Cenpatico Integrated Care: (866) 495-6735

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